

Day Trips Helsinki



Helsinki



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Tentsile EcoCamp
Vallisaari Island

@JussiHelsten

Day trips in and around Helsinki

Helsinki is one of the greenest metropolises in the world: over one third of the city consists of parks and other green areas.

The sea too plays a significant role in daily life in Helsinki. The city's shoreline is more than 130 kilometres long, and a mosaic of around 300 islands – many of them reachable by bridges or ferries – means that real nature is always close by in Helsinki all year round.

Helsinki offers great day trips within the city limits whenever you want to explore more. We've gathered here some tips for you along with multiple interesting options in the beautiful surrounding areas that can be accessed easily by train, bus or car.

Dive in and start exploring!

For more information and local tips, go to ***MyHelsinki.fi***



Tips to getting around the city

Helsinki is a compact city that is easily explored on foot. At the same time, Helsinki's city bike system is extremely popular and boasts the highest user rate in the whole world. The city bike network covers the entire city, so you can ride the easy-to-spot yellow bikes almost anywhere.

If your sense of adventure takes you further, use the HSL mobile route planner app to find out the best way to get to wherever you wish to go using public transportation. The HSL ticket also covers municipal ferries!



Think Sustainably – your local guide to sustainable Helsinki

What if sustainable choices could be embedded into your everyday lifestyle and be as easy as using your favourite app?

The Think Sustainably service on the [MyHelsinki.fi](https://myhelsinki.fi) website

helps you select more sustainable ways of enjoying your stay in Helsinki: where to eat and stay, where to shop and what to experience. Helsinki offers the ideal conditions for enjoying a more sustainable city break.

The service also includes a route planner feature that makes it easy to choose emission-free transportation options to access the wide variety of experiences that our city has to offer.

Helsinki is committed to promoting a more sustainable way of life – for everyone.

Think Sustainably – ***MyHelsinki.fi***

A sustainable day in Helsinki

There are plenty of ways to explore Helsinki without feeling guilty about your impact on the environment. From pure nature to sustainable shopping and vegan restaurants, Helsinki's got you covered.

Start your day at the **Market Square**, Helsinki's most famous open-air market. Pop into the **Old Market Hall** and wander around all the delicious food stalls.

Next up, **Suomenlinna!** You can buy a ferry ticket using the HSL app, and the journey takes just 15–20 minutes. Suomenlinna is an historic sea fortress and UNESCO World Heritage Site. Take your time exploring the islands, and try to make it to King's Gate, where the view is unbeatable.

In the afternoon, visit **Amos Rex**, the newest addition to Helsinki's art scene. It's an 8-minute

cycle from the harbour, and the number 2 tram will take you there too. Amos Rex made international headlines when it opened: it's an art gallery in a truly innovative space, and its exhibitions are always top quality.

Afterwards, wander across the road to **Oodi**, Helsinki's new central library. The building is absolutely stunning, and you must check out the

views from its top floor terrace. Oodi has plenty of recreational areas for kids, as well as spaces for parents to sit down and relax.

Find sustainable restaurants and long-lasting design together with other ways to spend a sustainable day in Helsinki at **Think Sustainably – MyHelsinki.fi**.



Top 3 day trips in Helsinki


Unique lodging by the nature

If you wish to experience something very special, book a stay at one of the eco-cabins located in the Helsinki archipelago. Standing on scenic rocky shores and offering beautiful sea views over the Helsinki archipelago, **Majamaja** self-sufficient off-grid eco-cabins offer a unique and minimalist living experience with

modern comforts that include a shower and a kitchen. The Majamaja cabin design integrates green technology with timeless architecture. For a meditative luxury camping experience, check out also the **Nolla** cabins on the island of Isosaari (available only in summertime). Enjoy the maritime nature and recharge.

majamaja.com
nollacabins.com

Nolla Cabin

 *Isosaari Island*



Majamaja Cabin

 *Hevossalmi, Laajasalo*



Lonna Sauna

📍 Lonna Island



📍 Lonna Island



Urban island experience

Lonna is a charming little island just a 10-minute ferry ride away from Helsinki's Market Square. Once a base for storing and clearing mines, the island is now a refuge where visitors can leave the hustle and bustle of city life behind them. On the island you'll find Lonna's popular restaurant with

its covered terrace and Coffee Shop & Bar, as well as a public sauna where you can experience the calm and almost sacred feeling of a traditional Finnish sauna. After your sauna experience, you might find yourself on the rocky shore gazing at the most gorgeous sunset in Helsinki feeling peaceful and relaxed.

lonna.fi/en

Check also these **islands** and **green areas**: Vallisaari and Tentsile EcoCamp, Pihlajasaari, Kaunissaari, Viikki and Lammassaari and Helsinki Central Park. myhelsinki.fi



 **Hotel Rantapuisto**

Head east for marine nature and interesting architecture

If you wish to widen your scope of the city, head out to Vuosaari, the largest district in Helsinki. Situated 30 minutes from the city centre by metro, this eastern neighbour-

hood will amaze you with its gorgeous sand dunes and pine forests in Kallvikinniemi and the long seafront boulevard in Aurinkolahti.

A great way to explore the seafront and surrounding archipelago is by kayak. **Natura Viva's Vuosaari Paddling Center** supplies the right equipment and staff to help you get started.

If you want to stay longer, an interesting stop on the

way is **Hotel Rantapuisto** in Rastila. This former training centre for a bank dates back to the 1960s and is an absolute architectural gem with its original wooden ceiling structures. It also has a restaurant with huge windows that offer an unobstructed view of the surrounding nature and sea.

naturaviva.fi/en
rantapuisto.fi/en



Neighbourhoods of Helsinki

Each neighbourhood in Helsinki has its own characteristics. Get to know the city's different areas and open the gates to the secrets of Helsinki, from Kallio to Vuosaari and from Töölö to Lauttasaari.

For more day trip ideas in Helsinki's neighbourhoods, see Neighbourhoods - MyHelsinki.fi



Walk on the art side.

HELSINKI BIENNIAL

Helsinki Biennial
12.6.–26.9.2021

An international event of contemporary art
on the unique Vallisaari island.

helsinkibiennial.fi

HAM

Helsinki

#visitespoo

Espoo

A City of Innovation and Exciting Experiences

Espoo is one of the most sustainable cities in Europe and known as a city of innovations and exciting experiences. To the south, you can enjoy delightful islands and an unspoilt coastline, a rich cultural offering, a wide range of activities and great shopping opportunities. Travel north, and you will discover the tranquil rural scenery, lakes, historic manor houses and the wilderness of Nuuksio National Park. The metro takes you conveniently to Espoo from Helsinki city centre. In addition, many events in Espoo focus on sustainable and ecological actions.

See

EMMA – Espoo Museum of Modern Art

One of Finland's largest art museums - only a metro ride from Helsinki - located at the **WeeGee Exhibition Centre** which offers plenty to see for the whole family with changing exhibitions and events. WeeGee also houses the **Espoo City Museum KAMU**, the **Finnish Toy Museum Hevosenkä**, the **Finnish Museum of Horology**, a museum shop and a café. Ahertajantie 5, 02100 Espoo
Tel. +358 (0)43 827 0941
emmamuseum.fi, weegee.fi

Pentala Archipelago Museum

Espoo's maritime side is at its best on Pentala Island. The Archipelago Museum showcases the history of the Espoo Archipelago and its inhabitants. The oldest building is a fisherman's cottage built in the early 1790s. Activities and Nature trail. A

Café and Restaurant Paven.
Open in the summertime
Pentala 44, 02380 Espoo
Tel. +358 (0)43 825 2641
kulttuuriespoo.fi/en/pentala

The International Theatre of Finland

Espoo City Theatre presents in-house productions of classic and new plays as well as visiting productions from Finland and further afield. Situated in Tapiola, about 15 minutes from Helsinki.

Revontuli Hall, Revontulentie 8, 02100 Espoo and
Louhi Hall, Espoo Cultural Centre, Kulttuuriauukio 2, 02100 Espoo
Tickets tel. +358 (0)9 439 3388
espoonteatteri.fi

Espoo Cultural Centre

The main scene for performing arts and cultural life in Espoo. **Tapiola Sinfonietta** (the Espoo city orchestra), The International Theatre of Finland, April Jazz Festival, Espoo Ciné International Film Festival and PianoEspoo and VocalEspoo Festivals are on stage on regular bases. Kulttuuriauukio 2, 02100 Espoo
Tel. +358 (0)9 816 5051
espoo.fi/culturalcentre

Experience

Nuuksio National Park

Experience wild woods and lakes on Helsinki's doorstep! Within easy reach of the capital of Finland you can escape into wild natural settings and enjoy typically Finnish scenery, with lovely lakes, green forests and rugged crags. Get familiar with several adventure service providers

and accommodation in the area. Equipment rental (e.g. kayaks, fatbikes and SUP boards), tour guides and scheduled excursions. All the adventure and event providers partnering with Metsähallitus (Parks and Wildlife Finland) operate according to the principles of sustainable nature tourism.
Tel. +358 (0)40 163 6200
nationalparks.fi/nuuksio, nuuksioresort.fi/en

The Finnish Nature Centre Haltia

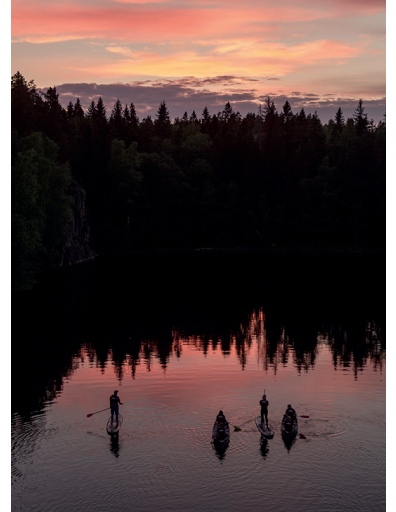
An ecologically designed event centre entirely made of wood on the fringes of Nuuksio National Park in Espoo. Haltia's exhibitions present Finland's most stunning wildlife and natural scenery. The centre's main aim is to give people a genuine sense of close contact with nature and perspectives on the natural wonders of the whole country.
Nuuksiontie 84, 02820 Espoo
Tel. +358 (0)40 163 6200
haltia.com/en

Archipelago excursions

Espoo's 165 islands are like a beautiful mosaic. Enjoy Espoo's archipelago on a **scheduled boat** which carries you swiftly to the islands. Available from June to September. Also **city rowing and motor boats** are available during the summer season.
Tel. +358 (0)43 824 6866
visitespoo.fi

The forests and nature trails

When in Espoo, you are never far from the outdoors. Check out the popular recreational areas and parks such as **Oittaa Recreation Centre**. Or explore the 40 km long



scenic **Espoo's Waterfront Walkway** and **marked nature trails** around Espoo.

visitespoo.fi

Make the most of your visit

Spending a summer day in Espoo?

- Hop on a ferry and head out to explore our many islands and Pentala Archipelago Museum.
- Visit Nuuksio National Park and you might even spot some reindeer (nuuksioreindeerpark.fi/en).
- Explore EMMA or Gallen-Kallela museums, followed by an action-packed treetop adventure at Huippu (seikkailupuistohuippu.fi).
- Eat: Pop in to test Espoo's best burger, cruise the archipelago over lunch, enjoy the views from the top of a tower or treat yourself to some fine dining.

Visiting on a wintry day?

- Take a snowshoe walk through Nuuksio National Park.
- Explore Oittaa on cross-country skis.
- Test your ice skating skills at Tapiola Ice Garden.
- Head for the cosy warmth of one of our many museums.
- Sleep well - check out the accommodation options at visitespoo.fi

VISIT ESPOO





Tuusula

Follow the Footsteps of the Greatest Finnish Artists



Lake Tuusula offers visitors a wide array of excursion options – There's plenty to see and do for everyone! More than a century ago, a truly one of a kind artist community was established in the region, when masters from the so-called 'Golden age' of Finnish art settled along the shores of Lake Tuusula. Let yourself be enchanted by our national landscapes and natural habitats or even invigorate yourself by cycling around Lake Tuusula.

See

Many of the historic artists' homes are located along the lake's eastern coastal road (Rantatie).

Halosenniemi

Halosenniemi is a romantic studio home built by the painter Pekka Halonen in 1902. Nowadays it is an art museum which hosts events and exhibitions. Halosenniemi also has a museum shop and rents rowboats for the lake.

Halosenniementie 4, Tuusula
tel. +358 (0)40 314 3466
www.halosenniemi.fi

Lotta Museum

The Lotta Museum's exhibitions give insight into the ways in which the female volunteers known as 'Lottas' aided and supported social aid and relief work. Visitors to the Lotta Museum can also enjoy the popular Café Lotta Kanttiini and the Lotta Puoti museum shop.
Rantatie 39, Tuusula
tel. +358 (0)9 274 1077
www.lottamuseo.fi

Artist Home Erkkola

Situated alongside the Rantatie coastal road on Lake Tuusula, Erkkola, the poet J. H. Erkkö's charming artist's home was completed in 1902. Erkkola hosts temporary art exhibitions and cultural events throughout the year. Museum shop.
Rantatie 25, Tuusula
tel. +358 (0)40 314 3471
www.erkkola.fi

Experience

With its stunning surroundings, Lake Tuusula is an absolute natural gem. There are many natural attractions in the surrounding area and the lake is popular with visitors of all ages and interests.

Sarvikallio

Sarvikallio is a popular all-year hiking and picnic destination. Bring along some delicious snacks and enjoy the lake scenery.
Sarvikalliontie, Tuusula
www.uuvi.fi/sarvikallio

Fjällbo Park

Situated close to the many attractions on Tuusula's Rantatie coastal road, the beautiful Fjällbo Park is a popular recreation area alongside Lake Tuusula. There are also benches and a campfire site dotted along the trail.
Aleksis Kiven kuja, Tuusula

Kellokoski Dam & Reservoir

Further away from the Tuusula lake, by the beautiful Keravanjoki river, historic Kellokoski Ironworks, intriguing museums, wonderful cafés

and pubs make Kellokoski a great destination for a day trip.

Kellokoski Ironworks Factory Museum and Kellokoski Hospital Museum

Vanha valtatie 190-198, Kellokoski
www.visittuusula.fi

Eat

Hotel Gustavelund, Lakeside Terrace Pritsi & Restaurant Into

The Gustavelund Design hotel offers daily dining options using the finest Finnish ingredients. The restaurant offers breakfast, lunch, and à la carte services, as well as brunch on Sundays.

Kirkkotie 36, Tuusula
tel. +358 (0)9 273 751
www.gustavelund.fi

Hotel Krapu, Restaurant Krapihovi & Restaurant Mankeli

Restaurant Krapihovi maintains and creates Finnish culinary traditions in an idyllic villa setting. Krapu's banquet table maintains centuries-old traditions, and the Finnish food year is celebrated in five seasons.

Rantatie 2, Tuusula
tel. +358 (0)9 274 841
www.krapu.fi

Restaurant Kerho

Restaurant Kerho is an atmospheric restaurant in a magnificent setting at the old officer's club in Hyrylä. The restaurant favours ingredients from local areas and food producers.

Tykkitie 1, Tuusula
tel. +358 (0)10 231 2750
www.kerho.fi

Enjoy

There are plenty of activities to do in the Lake Tuusula area all year round. Cycling around the lake is a popular way to explore the scenery and local attractions. You can also go fishing, rowing, canoeing, sailing, and swimming in the lake during the summer months. In winter, the lake attracts walkers, skiers, and Nordic skaters.

Sports equipment can be hired from several outlets. For more information, see www.visittuusula.fi.

Make the most of your trip

Public Transportation

Directions to destinations with public transportation: www.hsl.fi

Visit Lake Tuusula Bus

The Visit Lake Tuusula Bus offers tours around the lake during the summer months. The route passes by several local museums, attractions, and accommodation providers. For more details, visit www.visittuusula.fi

Guided Tours

During the summer, the area's authorised guides organise walking or cycling tours around the scenery of Lake Tuusula. Information about these can be found at www.visittuusulanjarvi.fi



TO NE OF FINLAND



Järvenpää

Visit Järvenpää and Feel the Tone of Finland!

The Tone of Finland can be experienced 25 mins outside Helsinki. Järvenpää is a small town with a big city attitude with its diverse services and opportunities for recreation, shopping and eating out. The city also offers peace of mind with its lakeside views, meadows and forests.

See

Ainola, home of Jean & Aino Sibelius
The home of Jean Sibelius and his family, where visitors can still experience the authentic milieu of an artist home and the silence which the composer considered indispensable for his work. Garden, café and shop. Book a guided tour or explore on your own!
Open 4.5–30.9.2021 Tue–Sun.
Ainolankatu, Järvenpää www.ainola.fi

Järvenpää Art Museum exhibits works by Finnish national romantic era artists Eero Järnefelt (1863–1937) and Venny Soldan-Brofeldt (1863–1945) along with other temporary exhibitions. Open year-round.
Kirjastokatu 8, Järvenpää
www.jarvenpaantaidemuseo.fi

Ahola is the former home of the Finnish national author **Juhani Aho** (1861–1921) and artist **Venny Soldan-Brofeldt** (1863–1945). Today Ahola is a museum exhibiting their work and life in Järvenpää.
Open May–September, Tue–Sun.
Sibeliuksenväylä 57, Järvenpää
www.jarvenpaantaidemuseo.fi/ahola

Suviranta is the former studio home of artist **Eero Järnefelt** (1863–1937) and his family, built in 1901 with

inspiration from English country manors. The house is open only for pre-booked guided tours, as it is still a private home. Guided tours during May–Sep.
Suvirannankatu 5, Järvenpää
www.jarvenpaantaidemuseo.fi/suviranta

Artist's home Villa Kokkonen
Designed by Alvar Aalto, this building is a unique combination of private home and concert hall. Guided tours by reservation round the year.
Tuulimyllyntie 5, Järvenpää
www.villakokkonen.fi

Experience

Järvenpään rantapuisto
At the city centre, there is a central park called Rantapuisto. There you can enjoy the lakeside view, see Finland's largest public sculpture Kolmisointu designed 1979 by Rolf Westphal and have a great time at skatepark. During the winter time there is an ice rink for skating and in the summer you can play minigolf in the park.

The Janne Promenade
The Janne Promenade in the city centre is filled with charming booths, kiosks and stalls. Visiting a local street market is such a laid-back and fun thing to do on a Saturday afternoon. Luckily there are quite a lot of them here in Järvenpää all year around: In spring, farmers and artisans sell their fresh products and handicrafts. In summertime the promenade is filled with international flavours and live music. Even when there's snow on the ground, our

winter and Christmas markets take place outside, so if you haven't got yourself a pair of woollen mittens or socks yet, this is definitely the best place to get them! You can also find lots of shops and cafes close by the promenade.

Vanhankylänniemi is a popular outdoor area by the Lake Tuusula where you can enjoy the old-fashioned atmosphere and beautiful surroundings. Vanhankylänniemi Manor Cafe is serving light lunches and café items all year around.

The most valuable nature reserve in the Järvenpää city area is the **Lemmenlaakso Valley Nature Reserve** established in 1991 along the Keravanjoki River. Walk along the marked trails, admire the wild flowers and different bird species, then have a relaxing break at the campfire site.

Experience Järvenpää with locals Doerz is a service that brings travellers and locals together. Find out more and live like a local!
www.doerz.com/jarvenpaa

Eat & Enjoy

Härmän Rati Inn, Award winning organic restaurant.
Vähäjärvenkatu 1, Järvenpää
www.harmanrati.fi

K-Citymarket Järvenpää, winner of the IGD Award for Store of the Year 2019, famous for homemade sushi, pizza and ice cream.
Helsingintie 41, Järvenpää

Restaurant Huvila, charming restaurant in the city centre.

Sibeliuksenkatu 5, Järvenpää
www.huvilassa.fi

Patisserie PH7, delicious pastries and flower shop in the same building.
Muorinpolku 1, Järvenpää
konditoriaph7.fi

Restaurant Huili, a very popular restaurant in Rantapuisto. *Rantakatu 6, Järvenpää*
www.huilimaan.fi

Sauhu Bistro & Bar, best burgers in town. *Alankotie 1, Järvenpää*
www.sauhu.bar

Talerock Brewing, taste some local beer. *Satukukanpolku 5, Järvenpää.*
talerock.fi

Knitting Café Lentävä Lapanen
www.lentavalapanen.fi

Vanhankylänniemi Manor Cafe
Tuulimyllyntie 24, Järvenpää
www.facebook.com/kartanonkahvila

Top Events in 2021

City of Järvenpää 70 years, events all year round, main event 14–15 August
tapahtumat.jarvenpaa.fi

Puistoblues, Blues Street at the city centre, 30 June–3 July

Puistoblues, main event in Vanhankylänniemi, 3 July, *www.puistoblues.fi*

Meidän festivaali – Our festival, 25–31 July
www.meidanfestivaali.fi

Find out more information
www.toneoffinland.fi
www.visitlaketusula.fi



City of Charming Moments Porvoo

Porvoo is the second oldest city in Finland and this year, 2021, Porvoo celebrates their 675-year-old city. The city is best known for its unique Old Town district, high quality restaurants and charming cafés. Make an unforgettable romantic day trip to Porvoo or stay longer to truly experience everything this charming city has to offer. Only about 50km east from Helsinki, it is easy to travel from the capital to Porvoo by bus or by steamboat in the summer. Porvoo can also be reached by bicycle – you can cycle in the other direction and return by bus.

See

Old Porvoo

Strolling around the cobblestoned streets can make you feel as if you were peeking into a children's storybook. Old Porvoo is charming all year round: beautiful architecture, art, handicrafts, and antiques. A leisurely walk, a visit to a museum or exhibition, shopping in idyllic small shops, a break to enjoy a tasty meal or a drink - these are the most popular ingredients of an excursion to Old Porvoo.

www.visitporvoo.fi/old-porvoo

The Art Factory is where an old factory building meets modern arts and culture. A huge, buzzing complex with an art gallery, exhibitions, events, concerts, workshops, artists' show & workspaces, cafés, restaurants, a movie theatre and a dance school – all year round.

www.taidetehdas.fi

Home of J. L. Runeberg

Home museum of the Finnish national poet. The house and its surroundings give an interesting picture of housing and life in the mid-19th century. It is Finland's oldest home museum, opened to the public in 1882.

www.visitporvoo.fi/jl-runebergs-home

Experience

Brunberg's Visitor Center

Experience Brunberg's brand new visitor center, which opens in summer 2021. For close to 150 years, Brunberg has produced tasty sweets of high quality in Porvoo. A delicious fragrance of newly cooked liquorice and rich chocolate has filled the streets and alleys of the city.

Read more: www.brunberg.fi

Experience Porvoo with a local

Doerz is a service that brings travelers and locals together. Why not try walking around Old Porvoo, hearing stories from the past or hike the nearby hills and stop for a picnic? Perhaps visiting Porvoo flea markets and finding Finnish art and design is your thing?

Find out: fi.doerz.com/visitporvoo

Porvoo archipelago

Porvoo is not just a quaint city. It is a municipality that stretches all the way to the sea and has its own archipelago. Pellinge islands are where famous Finnish writer and artist Tove Jansson spent a great part of her life. Try Island Riddles whilst there – it's a fun and challenging

forest adventure for all, inspired by Jansson's book "The book about Moomin, Mymble and little My".

visitpellinge.fi/en/islandriddles.com

Eat & Enjoy

Ani's Café (vegetarian restaurant)

Gabriel Hagertinkuja, Old Porvoo
Tel. +358 50 3205575
www.aniscafe.fi

PetriS Chocolate Room

Jokikatu 16, Old Porvoo
www.petris.fi

Bar & Café Porvoo Paahimo

Mannerheiminkatu 2, Old Porvoo
Tel. +358 19 617 040
www.porvoonpaahimo.fi

SicaPelle Wining & Dining

Kirkkotori 3, Old Porvoo
Tel. +358 50 505 04 25
www.sicapelle.fi

Zum Beispiel

Rihkamakatu 2, Old Porvoo
Tel. +358 50 4396066
www.zum.fi

Hotel & Spa Haikko Manor

Haikkoontie 114, Porvoo
Tel. +358 600 15131
www.haikko.fi

RUNO Hotel Porvoo

Rihkamakatu 4, Old Porvoo
www.runohotel.com

Boutique Hotel Onni

Kirkkotori 3, Old Porvoo
Tel. +358 44 534 8110
www.hotelonni.fi

Bed & Breakfast Ida-Maria

Välrikatu 10 A, Old Porvoo
tel. +358 45 8512 345
www.idamaria.fi

For more inspiration, see
www.visitporvoo.fi
www.instagram.com/visitporvoo

Top Events in 2021

Lights Festival

12-14 February

Porvoo Soi -music festival

18-19 June

Vikingarna med Christer Sjögren

2 July

Old Porvoo Flea Market – get a peek

into people's gardens!
Mid-August

Christmas Season's opening

End of November

Visit Porvoo.fi





Lohja is a small town in the midst of unspoilt, true Finnish nature, only a half-hour drive from Helsinki. Be inspired by the same landscape that inspired the creator of the Finnish national epic, The Kalevala. Explore the myths and mythology of the Kalevala and learn healing methods from the old Finnish way of life. Pay a visit to Tytyri Mine Experience, to the land of miners 100 metres underground and enjoy the peacefulness of the lake Lohjanjärvi, the largest lake in Southern Finland.

See & Experience

Tytyri Mine Experience

The Tytyri Mine Experience takes visitors 100m under ground for a tour of an authentic mining environment. Visitors get to experience the genuine feeling of mines as they explore the mine galleries. Seeing the 100-metre wide and 100-metre deep mine gives a good picture of the huge scale of a limestone mine and the light show at the end of the tour will take your breath away.

Opening hours: guided tours all year round except on public holidays.

*Duration of the programme: 2 hours
For groups and individuals
Address: Kuilukatu 42, Lohja
Tel. +358 (0)44 369 1309
tytyrimineexperience.com*

Lake Lohjanjärvi and Lohjansaari Island

Lake Lohjanjärvi is the largest lake in southern Finland. The nature surrounding Lake Lohjanjärvi is unique and well known from its scenery and well-kept fishing waters to its birds

and forest grove. Pikeperch is the most common fish in the lake but pike and trout can also be found. The biggest pikeperch caught from Lake Lohjanjärvi was over 12 kilos.

In the middle of Lake Lohjanjärvi there is Lohjansaari Island. The Island is famous for its apple orchards and thousands of apple trees, which are filled with the delicious fresh apples in the autumn. Beside the apple trees, the Ciderberg Apple Winery also welcomes visitors to apple wine tasting. Other local treasures can be found in the islands farmers market that is held every Saturday in the summer-time. On Lohjansaari Island, you will also find an old mystic oak tree in the middle of a beautiful forest. This Paavola oak tree is also among the TOP10 most Instagrammable places to visit in Finland according to Visit Finland.

*Season: Summer Saturdays from 12.6. to 28.8. Duration of the programme: 10 hours from and to accommodation. For groups and individuals. Tel. +358 (0)44 369 1309
www.visitlohja.fi*

A visit to the roots of Kalevala and Elias Lönnrot's Sammatti

On this excursion, you will learn about the birthplace and home of Elias Lönnrot and the stories and myths behind Kalevala. The tour starts from Elias Lönnrot's birthplace Paikkarin Torppa, where Miina Lönnrot, tells stories about the events of the early 19th century and how Elias became our national writer. After Paikkarin Torppa the tour moves on to the workshop of blacksmith artist Mika Munter. The visit to the forge includes forging show with stories about the Kalevala and Mika Munter's Kalevala based art.

*Season: Summer. Duration of the programme: 3 hours. For groups
Tel. +358 (0) 045 272 4003
www.virko.fi/in-english*

Fox Trail – Kalevala Themed Nature excursion

Your tour will start with Kalevala welcoming rituals and with local traditional drink that will steer you to the mystic world of Kalevala. During this 2 hour nature trail trip you will enjoy various forest views and relax with therapeutic nature guiding. You will hear the myth of the sly Finnish fox, sing along traditional songs and hear mythological nature stories with old Finnish folk music and instruments.

After walking in the forest it's time to enjoy the Kettukallio Experience Farms surroundings and atmosphere and have some delicious Kalevala beef stew with bread and fresh salad. For dessert you can taste traditional Finnish blueberry pastry called "rät-tänä" with coffee or tea.
*Season: all year round
Duration of the programme: 4 hours
For groups. Tel. +358 (0)44 988 5760
www.en.kettukallio.net*

Excursion to the roots of Finnish wellbeing and medicine guided by Kalevala mythology

A guided wellness trail in Arboretum Magnolia, aiming to explore the Finnish way of wellbeing, nature connectedness and herbal medicine as seen in Kalevala mythology. During the excursion you will hear presentations about the author Elias Lönnrot and Kalevala's mythology, and also theories about Biophilia and biodiversity, and how they matter to our health. After the presentations,

there will be a visit to Silver Birch Forest and there you will receive a sample of the Finnish herbal medicine collection which was presented. The tour includes a small gift for improving personal nature connection and restoration.

Arboretum Magnolia is a wellness and tree collection park of 3 ha located on the Lohjanjärvi lakefront. The arboretum includes more than 100 taxa and 300 varieties of trees and shrubs from three different continents.

*Season: summer
Duration of the programme: 2,5 hours. For groups.
Tel. +358 (0) 040 0202 099
www.arboretummagnolia.fi/en*

Top Events in 2021

Lohja Café Day, June 10,
www.visitlohja.fi


Rantajamit Music Festival, July 8–10,
www.rantajamit.fi

The Housing Fair, July 9–August 8
www.asuntomessut.fi

The Apple Festival, September 18,
www.omenakarnevaalit.fi

Old Times Christmas Fair
December 11–12
www.menneenajanjouluarkkinat.fi

Visit
LOHJA

A large, ancient oak tree with thick, gnarled branches and dense green and yellowing leaves. Two children are climbing the trunk of the tree. The background shows a forest of thinner trees.

The largest oak tree in Lohja is found in Paavola and it is protected by the nature conservation act as a natural monument.



Loviisa

Small Town, Great Experiences!

Loviisa is an idyllic seaside town less than an hour drive from Helsinki to east. Enjoy the sea landscapes, historical wooden buildings and beautiful countryside sceneries. The Old Town of Loviisa dates back to the 18th century. The town is also known for its 18th century fortifications and 17th century ironworks. In his youth, the composer Jean Sibelius spent several summers in Loviisa.

See

Laivasilta Marina Area features a row of old salt sheds that today house restaurant-cafés, shops, exhibitions, and events. The Maritime Museum presents the long history of seafaring in Loviisa. Laivasilta is the home harbour of the sailing ship Österstjernen and the departure point for cruises to Svartholma Sea Fortress. The services are available in summer.

Svartholma Sea Fortress (1748) lies on an island in Loviisanlahti bay some 10 km from the town centre. There are cruises to the island and an exhibition called "Svartholma – Island of soldiers, prisoners and visitors" which is open for visitors in summer. There is also a summer restaurant and free berths for boats.

Strömfors Iron Works lie within 20-minute drive to east from the centre of Loviisa. Pop in to artisans workshops and enjoy activities around the area. Iron Works area hosts artisans and other service

entrepreneurs. In summer there are forging demonstrations using a water hammer, a church, a museum and exhibitions. There are restaurants, cafés and accommodation possibilities available all year.

Loviisa Town Museum is located in the 18th century Commandant's House in the centre of Loviisa. Many exhibitions through the year.

Rönnäs lies some 30 km west of the centre of Loviisa. The Rönnäs Archipelago Museum presents the history of the archipelago of Loviisa. It is open in summer. Nearby is also a golf course, a restaurant, a café and cottages for rent. For more information ronnas.fi

Malmgård Manor lies about 25 km west of the centre of Loviisa. There is a brewery and a manor shop selling organic products produced at the estate. For more information malmgard.fi

Bonga Castle is an atelier-museum of Riitta Nelimarkka. Over 200 works are on display, the items range from colourful textiles to oil paintings and drawings. The gallery is open during events and for groups, bookings bonga.fi

Experience

M/S J.L. Runeberg offers cruises from Helsinki Market Square to Loviisa. Schedules msjlruneberg.fi

Cruises aboard M.Aux Österstjernen, a replica of a packet yacht, which sailed between Loviisa and Stockholm in the 19th century, osterstjernen.fi

Ehrensvärd's Trail is a two-kilometre nature path in the centre of Loviisa. Discover the history of fortress building, the architectural heritage, vegetation and bird population.

Eija's Garden includes English style gardens around a garden shop. Eija's Garden is located in the village of Ahvenkoski, some 14 km east of the centre of Loviisa. For more information eijasgarden.fi

Eat & Enjoy

Bistro & Butik Kronan
Aleksanterinkatu 2
tel. +358 44 985 1600
bistrokronan.fi

Café Restaurant Loviisan Kappeli
Kuningattarenkatu 9
tel. +358 19 581 437
teehelmi.fi

Café-Restaurant Saltbodan
Laivasilta 4, tel. +358 19 532 572
Open in summer, saltbodan.com

Café Tuhannen Tuskan Kahvila
Poikkikuja, tel. +358 44 019 5971
tuhannentuskankahvila.fi

Favorit Café & Teashop
Aleksanterinkatu 6
tel. +358 45 178 8052
facebook.com/cafefavorit

Restaurant Café Sakura Deli
Brandensteininkatu 11
tel. +358 40 838 2717
sakuracatering.com

Restaurant Osteria Locale
Mannerheiminkatu 2
tel. +358 19 508 008
ravintolocale.fi

Strömfors Bed & Bistro
Ruukintie 10 A
tel. +358 10 504 7100
bedandbistro.fi

SALES & GUIDED TOURS
Porvoo Tours – Loviisa Tours
Guided tours and group tour programmes upon agreement.
tel. +358 19 574 2200
porvootours.fi

Top Events in 2021

Loviisa Open Gardens
30 May, 20 June & 8 August at 10–17

Historical Houses of Loviisa –
Traditional Finnish Building and Renovation Days in Loviisa
28–29 August

Loviisa Sibelius Festival
3–5 September



There are 107 towns in Finland, but none of them equals Hämeenlinna, the only town with an ideal combination of nature and culture, everything nicely and easily within your reach. Finland's oldest inland town, Hämeenlinna, is especially known for its medieval castle, of the magical nature reserve Aulanko and as the birthplace of the composer Jean Sibelius. Hämeenlinna is also known as town of mega events as for e.g. AC/DC, Iron Maiden, Guns N'Roses and Metallica has brought nearly 200 000 visitors to Kantola Event Park.

See

Sensing culture at Verkatehdas
Verkatehdas is an old red-brick factory which used to house a textile mill. Today, it acts as a versatile cultural centre. Café and restaurant services are available all year round. *Paasikiventie 2, Hämeenlinna*
www.verkatehdas.fi
www.hameenlinnanaitidemuseo.fi

The Castle peninsula
Linnanniemi (The Castle area) on the shore of Vanajavesi is an area which contains a unique complex of museums, open all year. The medieval castle, prison buildings and army barracks from the 19th century are an imposing sight. An eye-opening experience for anyone sharing the conventional concept of a museum!
www.kansallismuseo.fi/en/haemeenlinna
www.kansallismuseo.fi/en/vankila
www.museomilitaria.fi

Kantola mural
This impressive mural in Kantola area is a must see. Upea17 street art festival produced 21 works of art in 13 cities around Finland. In September 2017, the highest mural in the Nordic countries was created in Hämeenlinna. Guido van Helten, an Australian artist, worked on the painting for almost a month. *Myllärinkatu 5, Hämeenlinna*

Hämeenlinna city center
There are many fascinating sights on the market square located at the heart of the city and the street around it, such as the birthplace of Jean Sibelius, the Skogster Museum (Hämeenlinna City Museum) and the Hämeenlinna church. The Palander Houses gives a glimpse into the lives of the gentry in the 19th century, and the Wetterhoff House sells hand-made souvenirs.
www.hmlmuseo.fi
www.wetterhoff.fi

Experience

Charming Aulanko
Aulanko offers an ample selection of experiences for all visitors. Scandic Aulanko is home to a spa and an arena, in addition to which it offers visitors a number of well-being services; there is a stable, tennis courts, the Aulanko Golf course and an adventure park right next to the hotel. Aulanko Outdoors equipment rental also serves individual travelers and tourists. Aulanko is nestled within a forest park, where visitors can climb

the belvedere to admire the view, or stroll along the ponds to feed ducks.
www.visithameenlinna.fi

Ahvenisto Activity Park
Ahvenisto Activity Park offers experiences, recreation and fun activities to visitors of all ages! In addition to the legendary public pool (sometimes with Wibit waterpark) the area offers hiking paths, sandy beaches, FlowPark adventure tracks and cafe. *Olympiakatu 18-20, Hämeenlinna*
www.ahvenisto.fi

Hopealinjat cruises
Get to know the city from the water on a cruise on the beautiful lake Vanajavesi. Enjoy day, evening or theme cruises from the ferry harbor located in the center of the city. The ferries have excellent restaurants onboard.
www.hopealinjat.fi

littala Village
littala Village is a diverse and pleasant shopping and tourism destination located north of Hämeenlinna. In addition to shopping, you can learn about the history of glassmaking and watch some incredibly talented glass-blowers at work. The Naivistis at littala exhibition gathers 20,000 guests from Finland and abroad every summer.

The first themed art station in Finland has been built in littala. The new station embodies littala's history as a village for crafts, design and art. In the future, it will also serve as a calling card for the area and please

the eyes of those travelling through littala on trains.
Hollaaajantie 2, littala
www.iittalavillage.fi

Eat & Enjoy

Fifth Avenue
Sibeliuksenkatu 2, Hämeenlinna
www.fiftari.fi
Hemma
Raathuoneenkatu 29, Hämeenlinna
www.hemmahml.fi
Restaurant KETO Boulevard
Sibeliuksenkatu 2, Hämeenlinna
www.ravintolaketo.fi
Restaurant Le Blason
Possentie 7, Hämeenlinna
www.leblason.fi
Restaurant Piparkakkutalo
Kirkkorinne 2, Hämeenlinna
www.ravintolapiparkakkutalo.fi
Restaurant Uoma
Saaristenkatu 4, Hämeenlinna
www.ravintolauoma.fi

Top Events in 2021

Naivists in littala exhibition, May–August, www.naivistit.fi
Linna Jazz, 30 June–4 July, www.linnajazz.fi
Wanaja Festival, 9–10 July, www.wanajafestival.fi
Hippalot – Arts festival for children, 29 July–1 August, www.hippalot.fi
Häme Medieval Festival, 20–22 August, www.keskiaikafestivaali.fi



Salo

Find the Hidden Secret in Southwest Finland Coastal Area

Only one hour away from the hustle of Helsinki area you can find a spontaneous small city – definitely worth a visit! Salo offers plenty to enjoy and experience all year round - like local food, Finnish lifestyle and cheerful events to enjoy. Manors, ironworks mills and museums tell you stories about the rich history. Salo is also a gateway to the Finnish archipelago with thousands of small islands and summer houses.

Our highlights for travellers are Teijo National Park and its surrounding idyllic Teijo ironworks villages. For nature-lovers we offer lots of outdoor activities and a special village lifestyle. In Salo you can find out how the Finns live and love!

See

Wiurila Manor

Wiurila is an esteemed manor of Finland. In possession of the Armfelt family since 1787, Wiurila is rich in history, heritage and timeless architecture. Today, Wiurila is an experience centre where history meets modern life. Meet the entrepreneurial Armfelt ancestors. Be present in the moment and relish in culture, art and nature.

*Viurilantie 126, Halikko
www.wiurilankartano.fi*

Salo Art Museum Veturitalli

The 100-year-old locomotive shed in Salo now has new purpose as an art museum. Changing exhibitions, cultural events and concerts.

*Mariankatu 14, Salo
www.salontaidemuseo.fi/en*

Salo Electronics Museum

The glamour of old radios and televisions, the history of making mobile phones in Salo.

*Salorankatu 5-7, Salo
www.salomus.fi*

Experience

Teijo National Park

You can explore the wild natural settings and enjoy typically Finnish scenery with peaceful lakes, beautiful seashore, forests and swamp. Pack your backpack for a memorable day picnic or campout and try canoeing or fishing. In Teijo National park you can see many aspects of Finnish nature in one, compact package.

*Teijo National Park,
Matildanjärventie 84, Mathildedal
www.nationalparks.fi/teijo*

Mathildedal Ironworks village

Spend a downshifting day in a charming ironworks village, delve into the area's history while visiting the ironmills historical exhibition. Visit the alpaca farm and the alpaca mill with its shop. Taste the local beer and visit the village bakery. Step into the world of delicacies and try some hand-crafted chocolates in Petri's Chocolate Room. Have a cup of coffee roasted in the village restaurant's roastery. Enjoy the scenery to the sea and experience the idyllic village life.

*Ruukinrannantie 6, Mathildedal
www.mathildedal.fi*

Mathildedalin Keskuspuisto

Adventure Golf • Padel • Tennis

Adventure Golf lifts up the minigolf experience into a whole new level. Twelve holes are built in strong concrete and hilly elements sets the course nicely as a part of the land it situates. Different hikes and declines make the playing interesting. Not to mention different water elements curves. Adventure Golf is suitable for everyone and is a unique experience in the middle of Mathildedal.

*Tullitie 2, Mathildedal
www.mathildedalinkeskuspuisto.fi*

Eat & Enjoy

Kuuro Café

Charming and traditional cafe at the centre of Salo. Homemade pastries and local delicacies. Open all year round.

*Helsingintie 5, Salo
www.kuironleipomo.fi*

Salon Seurahuone Restaurant

Located in the centre of Salo in an idyllic wooden house. During weekdays a perfect place for lunch. At nights fine dining. The terrace serves grilled lunches on summer Thursdays.

*Asemakatu 1, Salo
www.salonseurahuone.fi*

Restaurant Kastu

A bistro-style, casual and unpretentious new restaurant and café with a culinary philosophy based on classic cooking. Located in the city centre close to the Salo market place.

*Helsingintie 3, Salo
www.ravintolakastu.fi*

Village Bakery and Kitchen in the Mathildedal Manor

Village Baker's new sourdough bakery and shop with a village kitchen in the lovely ironworks manor in Mathildedal. You can enjoy fresh bakery products and the village kitchen's meal of the day in the lovely manor hall or in the peaceful garden spreading out over the grounds. Speciality Saturday pizza.

*Bremerintie 4, Mathildedal
www.matildankartano.fi*

Restaurant Ruukin Krouvi

Local countryside food and friendly service in an old workshop. Situated close to the seashore. Open all year round.

*Ruukinrannantie 6, Mathildedal
www.ruukinkrouvi.fi*

Mathilda's Marina

Archipelago restaurant located next to the sea-shore with genuine food and personal service. The menu is based on locally produced ingredients of the season. Daily changing menu, fish of the day.

*Matildan Puistotie 4, Mathildedal
www.mathildanmarina.fi/en*

VisitSalo.fi
SALO



VISIT KOTKA HAMINA

Travel Near. Get Far.

Kotka-Hamina Region is a seaside region with the River Kymijoki and its rapids, wonderful urban parks, outstanding cultural events and sights and dazzling history of the border region - all less than an hour's drive from Helsinki and just a stone's throw from the Russian border.

See & Experience

Maritime Centre Vellamo
Maritime Centre Vellamo is a comprehensive experience. With its evening lighting on, the building resembles the waves of the eastern Gulf of Finland. In Vellamo, you can find the Maritime Museum of Finland, the everchanging exhibitions, and the restaurant Laakonki with its maritime terrace. In the summer, you can also visit the steaming ice-breaker Tarmo. A gorgeous view of the city opens from Vellamo's roof that is open for everyone!
www.merikeskusvellamo.fi

Aquarium House Maretarium
The world of Finnish fish in its full diversity.
www.maretarium.fi

Langinkoski Imperial Fishing Lodge
Summer residence built for the Russian Czar Alexander III, besides the River Kymijoki.
www.kansallismuseo.fi/en/langinkoski

Kotka Urban Parks
Kotka is well-known as the **capital of parks in Finland**. Located on an island Kotkansaari, the city centre features 10 different parks all within

walking distance. When in Kotka, make sure to visit the most awarded park in Finland – **Sapokka Water Garden**, and enjoy the sea breeze in **Katariina Seaside Park**.

Hamina – circular town centre and fortress
The story of the historical circle town of Hamina began in the 17th century. From the central point of the old town of Hamina, where also the town hall is located, eight streets spread out like rays of light. The sides of these streets are inhabited by elegant wooden houses and the barracks radiate history.
www.visithamina.fi

Border History
In the **Salpa Line**, you can feel the layered history around you. In the area that was kept secret for decades, you can experience the atmosphere in the trenches, visit the **Bunker Museum** and the **Salpa Line Museum**, and climb into dugouts. Here, the history after the Winter War is strongly present, the five-kilometer-long trail of the Unknown Soldier leads you to the events that took place at the turn of the century. The 43-kilometer-long Salpa Line hiking trail is suitable for spirited travelers.
Tip! Rent a fat/bike and explore beautiful nature of Salpa Line!
www.salpakeskus.fi

Arktika – the north-bound mass migration of arctic birds, takes place in May when millions of water-birds and hundreds of thousands of geese migrate via the Gulf of Finland to their nesting places on the arctic tundra.
www.arktikavirolahti.fi

Zsar Outlet Village is the first outlet centre in Finland housing numerous international and Finnish brands with their company stores.
www.zsar.fi/en

Eat & Enjoy

Freshly smoked fish and other marine delicacies are an integral part of the local diet, but this is also the place to find the world's only proper '**posso**' doughnuts and other delicious bakery products and local small brewery products. The sheer variety of restaurants in the region is captivating – a combination of historical feeling, fresh local raw materials, and flavours from near and far.

TOP PLACES TO EAT
Restaurant Vausti
Kotkankatu 7, Kotka
www.kotkanravintolat.fi

Restaurant Vaakku
Varissaari Island
www.varissaari.com

Restaurant Wanha Fiskari
Ruotsinsalmenkatu 1, Kotka
www.wanhafiskari.fi

Restaurant Keisarinsatama
Metsontie 41, Kotka
www.keisarinsatama.com

Patisserie-Café Huovila
Fredrikinkatu 1, Hamina
konditoriahuovila.com

Restaurant Vehka
Raatihuoneenkatu 12, Hamina
www.juuret.net

Marina Cafe Laituri
Meriniementie 1, Kotka
www.marinacafelaituri.fi

Cafe Hygge
Keskuskatu 35, Kotka
Moliendo Cafe
Keskuskatu 17, Kotka

TOP PLACES TO STAY

Original Sokos Hotel Seurahuone
Keskuskatu 21, Kotka
www.sokoshotels.fi

Santalahahti Holiday Resort*****
Santalahdentie 150, Kotka
tel. +358 5 260 5055
www.santalahahti.fi

SpaHotel Hamina
Sibeliuskatu 32, Hamina
tel. +358 5 353 5555
www.spahotelhamina.fi

Top events in 2021

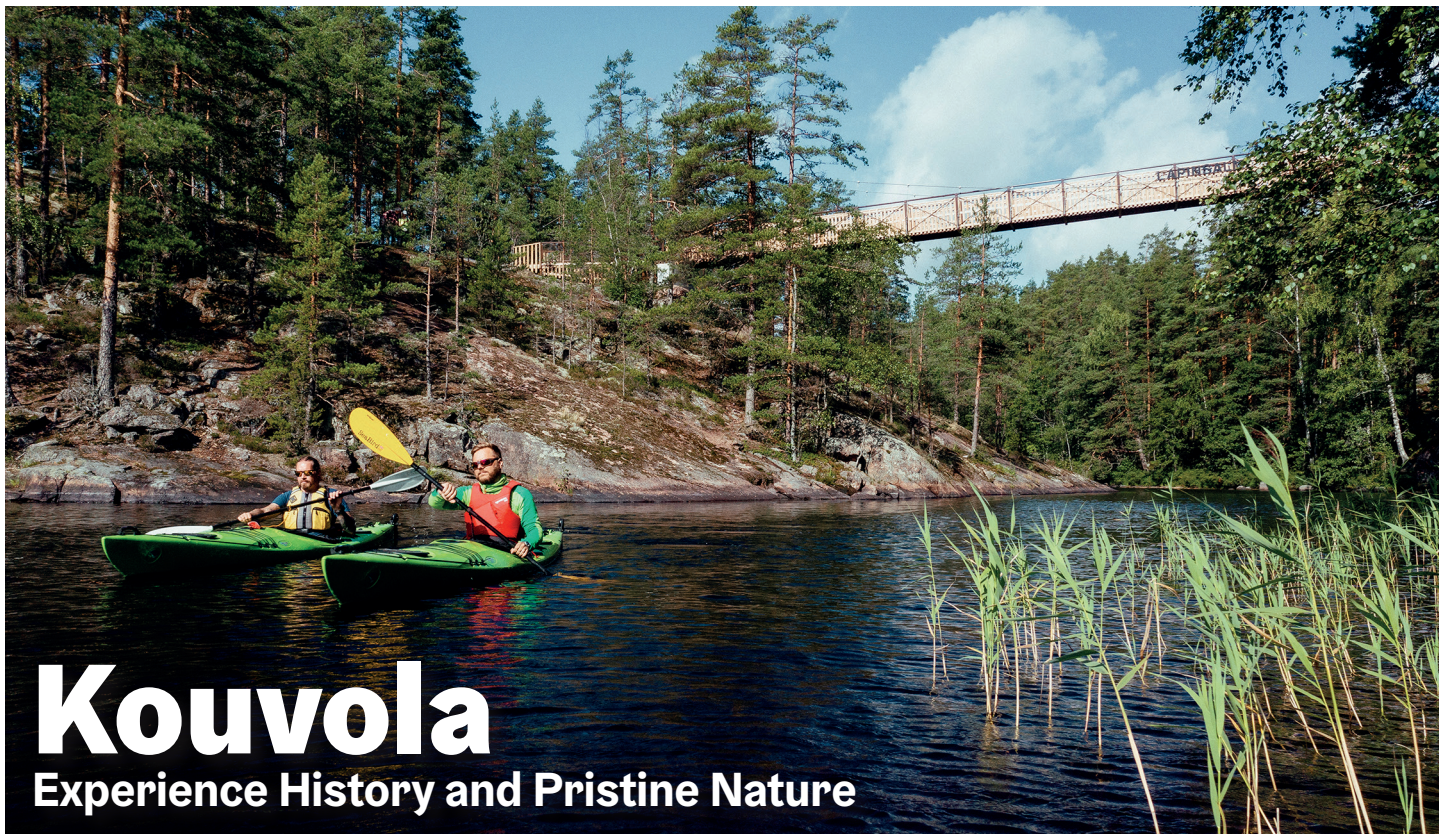
East Coast Festival, 2–3 July
www.eastcoastfestival.fi

Kotka Maritime Festival 28–31 July
www.meripaivat.com

Hamina Tattoo Festival, Hamina 2–7 August, www.haminatattoo.fi

The Arktika Days 13–30 May, www.arktikavirolahti.fi

More inspiration:
www.visitkotkahamina.fi



Kouvola

Experience History and Pristine Nature

An exciting day trip to Kouvola is waiting for you! Your day trip can include an adventure in a national park, a stroll in a forest park or a relaxing sauna experience. You can get to Kouvola from Helsinki by public transport in under an hour and half, so pristine Finnish nature is right at your fingertips. In addition to beautiful nature, you can explore living history and enjoy the flavours of local food.

See

In the **UNESCO World Heritage Site Verla Groundwood and Board Mill** you'll step into the end of the 19th century. A verdant garden, architectonically valuable buildings and an old cardboard factory with its original equipment have been preserved perfectly in their original state.

Ankkapurha Culture Park is the perfect setting for exploring the area around the Kymijoki River. Fans of the famous Finnish architect **Alvar Aalto** will fall in love with Kouvola's Tehtaanmäki area, located right across Ankkapurha, where you can explore different designs by Aalto.

Kouvola's Museum Quarter, located right next to the city center, a tribute to the railway history of Kouvola, is filled with workshops for artisans and small boutiques. The **Poikilo Museums** are also located there. Poikilo has interesting art exhibitions for culture lovers and fans of modern art.

Experience

Arboretum Mustila is one of the most significant forest parks in Northern Europe. The park is located along Route 6, just an hour's drive from Helsinki. You can explore the woods and after that relax with a cup of coffee in a café. Don't forget to visit **Mustila Viini**, where you can taste and buy locally made berry wines and other local products.

Tykkimäki Amusement Park is Kouvola's very own amusement oasis and the area is perfect for families. You will also find **Tykkimäki Camping** and **Tykkimäki Aquapark** where you can savour the sun and enjoy wild water rides. Aquapark is located at Kouvola's very own Copacabana, **Käyrälampi beach**. The newest addition to the amusement park family is **Tykkimäki Actionpark**, an indoor activity park in the Prisma shopping centre, open year-round.

The locals have fallen in love with **Tykkimäen Sauna**, a public sauna located close to the city centre. During the summer time you can swim in the clean waters of Käyrälampi, after relaxing in the sauna. During the winter season, you can also experience the wonderful sensation of ice-swimming.

Along the way to Repovesi National Park, **Vuohijärvi Nature and Culture House** provides a perfect pit stop. In addition to interesting art exhibitions, lovers are welcomed to leave a lovelock in the garden.

Daytrip to Repovesi National Park

We have planned an **unforgettable day in the Repovesi National Park** for you. First take a train to Kouvola. Kouvola's main railway station is located in the city centre. Your next step is to take the bus to **Repovesi National Park**. The buses leave from the main railway station. Check the timetables from visitkouvola.fi.

For a day in the park, we recommend the **Fox trail**, which is 5 kilometers long. You can take the **Fox ferry** and cross the waters of Repovesi. The ferry is powered by your own muscles, so you'll get a nice workout. The Fox trail will take you along the ponds and rugged forest trails on top of a mighty cliff, from which you can gaze over the entire park. One of the highlights in Repovesi is the **Lapinsalmi suspension bridge**. The bridge is one of most popular landmarks in the park. A great idea is also to combine walking with for example canoeing or rowing. You can book an activity beforehand from entrepreneurs who organise guided walks and canoeing tours and also provide outdoor catering in the park.

Repovesi is just a couple of hours from Helsinki, but when you sit around a campfire listening to the calls of red-throated divers echoing over the lake, the city feels like a million miles away.

After a nice walk, it is time to take the bus back to the city. Naturally, you can then hop on a train but we also have wonderful accommodation services. Why not spend the night with us? Or would you dare to experience a night in a rented hut in Repovesi?

Eat & Enjoy

The restaurants and cafés in Kouvola serve delicious lunch and dinner, so while you're here, don't forget to try out some of the locally made products.

Mimosan Aito
Keskikatu 7, Kouvola
www.mimosanaito.fi

Bistro Goutu
Oikokatu 3, Kouvola
www.bistrogoutu.fi

Kymi Villa
Ahlmannintie 1, Kouvola
www.kymihuvila.fi

Mustila Viini – Wine Shop
Mustilan Puistotie 21, Elimäki
www.mustilaviini.fi

visitKouvola®.fi





© Muisti Centre of War and Peace

Mikkeli – St. Michel

City of Headquarters in the Lake Saimaa Region

Mikkeli is a quaint, historical city situated on the shores of the fourth largest lake in Europe, Lake Saimaa. Only 2,5 hours away from Helsinki, Mikkeli is also easily reachable by public transport. In Mikkeli, you will find the perfect mix of nature experiences and local life. The many manors and gardens of the city offer an interesting insight in to the days gone by, coupled with varied events, shopping opportunities and fresh, local food. Visit historical Astuvansalmi rock paintings or hike up Neitvuori mountain for stunning lakeland views. Take a breather in the city's many urban parks - or if you want action, try stand up paddling and canoeing or cross-country skiing and tour skating on natural ice just a few minutes away from the city centre.
www.visitmikkeli.fi

See

Museums in Mikkeli

Mikkeli served as the headquarters of the Finnish defence forces during four wars and the city's many museums and exhibitions tell the story of Mikkeli's significance in the history of Finland.
www.visitmikkeli.fi/museums

Muisti Centre of War and Peace

In the spring of 2021, a unique science center will be opened in Mikkeli. Muisti Centre of War and Peace is a physical and virtual place of knowledge and learning resources that exhibits wartime experiences and memories, as well as various

related phenomena. This modern facility utilises the latest in innovative technology.
www.muisti.org

Saimaa Central Park

Saimaa Central Park is a wonderful park area full of life - right next to the center of Mikkeli. A short distance away, conveniently in the middle of the city you will find Kenkävero, Mikkeliipuisto, Urpola Nature Center and a nature trail.

Kenkävero vicarage

As the oldest and the most beautiful restored vicarage in Finland, Kenkävero has rightly gained its place in the hearts of visitors and locals alike. Even Santa himself has his summer-time hideaway in Kenkävero! Local handicrafts and cuisine in charming surroundings.
www.kenkavero.fi

Mikkeliipuisto park

Urban park only minutes away from the city centre with a restaurant and beautiful gardens and activities all year around. Pack a picnic and rent a rowing boat to enjoy the lakeside nature at its purest in the summer. In the winter, hike or try cross-country skiing or tour skating across the frozen lake.
www.visitmikkeli.fi/parks-and-gardens

Urpola Nature Center and trail

Urpolanjoki river conservation area and nature trail, based around an old mill, is a charming destination for enjoying the varied nature of the area. If you are lucky, you may even spot their most famous inhabitants – the

playful otters! Stop for lunch by an open fire and learn about the wildlife and vegetation from the signs along the nature trail.
www.facebook.com/urpolanluontokeskus

Experience

Manors and gardens

Many authentic manor houses, such as Tertti and Kyyhkylä manors, remain open to the public in the Mikkeli region all year around. Offering local cuisine and experiences, accommodation and varied activities, there is something for everyone to enjoy at these charming manors and their surroundings.
www.visitmikkeli.fi/manors-and-gardens

Cottage life

Mikkeli and Lake Saimaa are at the heart of the Finnish Lake District and the region has over 70 000 lakeside cottages and villas with saunas – the perfect place to relax. Do lots or nothing, everything goes at the cottage. Fishing, water sports, traditional game of “mölky” and food straight from the lake or forest are all guaranteed to contribute to your wellbeing. After sauna and a refreshing dip in the sparkling waters of Lake Saimaa, you will feel like a totally new you!
www.visitmikkeli.fi/holiday-villas

Saimaa GeoPark sites

Mikkeli hosts several archaeological, ecologically, historically or culturally important GeoPark sites within

walking distance from the city centre. Visit the 9000-year-old Giant's kettle pothole in Pursiala or the Kaihunharjesker, which was formed in the ice age, to mention a few.
www.saimaageopark.fi

Eat & Enjoy

Mikkeli is the capital of the local, organic food culture in Finnish Lakeland. Fresh ingredients from local farms, lakes and forests, prepared with lots of love and served with lashings of heartfelt hospitality, create an experience to remember.

Tertti Manor

Delicious, local culinary delights in historical manor house surroundings.
www.tertinkartano.fi

Bistro Holvi

Seasonal products and local ingredients are at the heart of this popular local bistro in the centre of Mikkeli.
www.bistroholvi.fi

Mikkeli Market Square

Enjoy local produce straight from the farmers or in one of the cosy market square cafes.





Urban Gardening @ Julia Kweidi

MyHelsinki.fi

Your local guide to Helsinki.



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Helsinki

FINLAND



Transportation information

ESPOO

BY TRAIN from Helsinki Central Railway Station to Leppävaara: local trains A, E, U, X, Y, L.
BY BUS from Leppävaara to Serena Water Park and Ski Resort: bus 236.
BY TRAIN from Helsinki Central Railway Station to Espoon keskus: trains E, U, L, X.
BY BUS from Espoon keskus to Nuuskio National Park: buses 245, 245K.

BY METRO: In Espoo, the Länsimetro (West metro) underground trains from Helsinki stop at Keilaniemi, Aalto University, Tapiola, Urheilupuisto, Niittykumpu and Matinkylä stations.

JÄRVENPÄÄ

BY TRAIN from Helsinki Central Railway Station: commuter train R to Järvenpää or Ainola stations.
BY BUS from Kamppi Bus Station. Buses marked Hyrylä and Järvenpää.

TUUSULA

BY TRAIN from Helsinki Central Railway station train R to Järvenpää station, where transfer to bus 665(A/K). Buses marked Hyrylä and Kellokoski.
BY BUS on weekdays, bus 643 from Hakaniemi metro station to Hyrylä bus station, where transfer to bus 665(A/K). Buses marked Kellokoski.

LOHJA

BY BUS from Kamppi Bus Station. Buses marked Lohja or Virkkala.

SALO

BY CAR along the E18 highway, travel time about 1 h 15 min (115 km).
BY TRAIN from Helsinki railway station every other hour, travel time 1 h 20 min.
BY BUS several daily busses from Helsinki Airport or Kamppi Bus Station.

PORVOO

BY BUS Several buses depart Helsinki every hour for Porvoo. The journey takes less than an hour. In summertime you can take a relaxing 3.5-hour CRUISE to Porvoo aboard the m/s J. L. Runeberg.

LOVIISA

BY BUS from Kamppi Bus Station several times per day.
BY FERRY m/s J.L. Runeberg from the Market Square on Thursdays in July.

HÄMEENLINNA

BY TRAIN from Helsinki Central Railway Station: trains IC, express and commuter train R. BY BUS from Kamppi Bus Station: all Express-Bus services to Tampere stop in Hämeenlinna.
BY CAR along E12 motorway.

KOUVOLA

BY CAR along highway 6.
BY TRAIN every hour in under 1 h 30 min from Helsinki Central Station and from Helsinki Airport.
BY BUS from Kamppi Bus Station several times per day in 1 h 30 min.

KOTKA–HAMINA REGION

BY CAR 1 h 30 min from Helsinki along E18 motorway
BY BUS around 15 daily direct bus services from Helsinki Kamppi Bus Station
BY TRAIN several commuter train services daily from Helsinki Railway Station (change in Kouvola)

MIKKELI

BY CAR along E75 motorway to Heinola and Route 5 to Mikkeli.
BY TRAIN from Helsinki Central Railway Station. Travel time from Helsinki Airport.
BY BUS several daily busses from Helsinki Airport or Kamppi Bus Station.

Train timetables: vr.fi
Bus timetables: matkahuolto.fi
Journey planner for Helsinki Region: hsl.fi



Helsinki

Helsinki Tourist Information

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Tel. +358 (0)9 3101 3300
helsinki.touristinfo@hel.fi

Chat and opening hours: MyHelsinki.fi
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